



Benefits of **PEMF** Therapy On Hair Health

Hair loss can happen because of stress, hormones, poor circulation, or inflammation in the scalp. PEMF therapy (Pulsed Electromagnetic Field therapy) is a safe, non-invasive treatment that may help improve your hair health naturally.

BENEFITS OF PEMF & HAIR GROWTH

- **Improves blood flow** to the scalp, bringing more oxygen and nutrients to your hair roots.
- **Reduces inflammation**, which can damage hair follicles and slow growth.
- **Energizes hair follicles**, helping them stay active and healthy.
- **Supports hair regrowth** in common types of hair loss, like thinning from age or stress.

SAFETY & CONSIDERATION

PEMF can be used on its own or along with other treatments like Red Light Therapy or topical products. It's gentle, pain-free, and usually involves wearing a special device or applying a coil to your scalp for 15–30 minutes a few times a week.

*** If you're noticing thinning hair or hair loss, PEMF might be a helpful part of your hair care plan.

