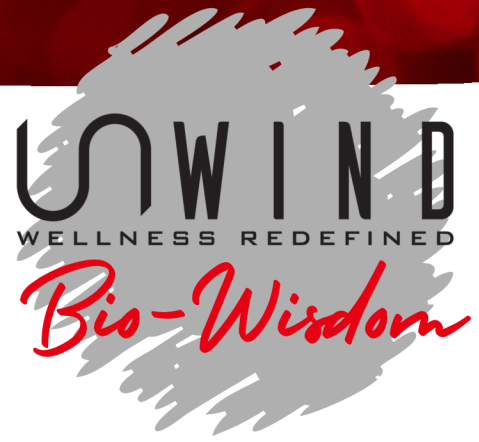


Benefits of **Red Light** Therapy

On

Brain Health and

Neurodegenerative Conditions



Red Light Therapy uses gentle red and near-infrared light to help support brain health. It works by reaching deep into brain tissues to promote healing, reduce inflammation, and improve energy in brain cells. People with conditions like Alzheimer's, Parkinson's, or other types of memory and movement problems may benefit from this therapy as part of their overall care.

BOOSTS BRAIN ENERGY

Our brain cells need energy to work well. Red light therapy helps brain cells make more energy, which can improve how the brain functions.

REDUCES BRAIN INFLAMMATION

Inflammation in the brain can make symptoms worse. Red light therapy helps calm inflammation, which may protect brain cells and slow down disease progression.

SUPPORTS BRAIN CELL REPAIR AND GROWTH

Red light helps brain cells repair themselves and can encourage the growth of new healthy cells, supporting better memory, thinking, and mood.

IMPROVES BLOOD FLOW AND OXYGEN TO THE BRAIN

Better blood flow means more oxygen and nutrients reach brain cells, helping them stay healthy and work better.

HELPS WITH SLEEP AND MENTAL CLARITY

Many people with brain conditions have trouble sleeping or thinking clearly. Red light therapy can help improve sleep quality and boost focus and mood.

SAFE AND NON-INVASIVE

Red light therapy is painless, easy to use, and has very few side effects. It is often used along with other treatments to support brain health naturally.

