



Valley Fever is a fungal infection that can cause symptoms like fatigue, chest pain, joint aches, and breathing issues. While antifungal medications are often necessary, PEMF therapy can support your body's healing naturally—especially if symptoms linger or your immune system needs a boost.

# WHAT IS PEMF THERAPY?

**PEMF stands for Pulsed Electromagnetic Field Therapy.** It sends gentle magnetic pulses into your body to help cells repair, reduce inflammation, and improve blood flow. Think of it as a natural way to help your body fight back and bounce back.

#### **HOW IT MAY HELP WITH VALLEY FEVER RECOVERY**

## PEMF therapy works by supporting the body's own healing systems:

- **Reduces inflammation** Helps with lung, joint, and muscle discomfort.
- Improves immune function Energizes white blood cells and immune response.
- Boosts circulation Delivers more oxygen and nutrients to help your body recover.
- Supports energy production Helps reduce fatigue and brain fog.
- Relieves pain Especially in joints or muscles affected by lingering symptoms.

#### WHAT PEOPLE OFTEN NOTICE

- More energy and stamina during recovery.
- Relief from lingering body aches or fatigue.
- · Better breathing comfort.
- Improved mood and sleep.
- A stronger sense of resilience.

# HYPE FADES, SCIENCE STAYS





### WHAT THE RESEARCH SHOWS

Studies suggest PEMF can:

While PEMF isn't a treatment for infections like Valley Fever, studies suggest it may:

- Help reduce systemic inflammation.
- Support immune cell activity.
- Promote faster tissue healing and recovery.
- Improve mitochondrial function (the energy engines of your cells).

PEMF therapy is a natural, non-invasive way to support your body while recovering from Valley Fever — especially if you're dealing with long-term symptoms or fatigue.

