Benefits of Red Light Therapy& Parkinson's Disease



HOW RED LIGHT HELPS PARKINSON'S DISEASE

Parkinson's disease affects movement, balance, and muscle control because certain brain cells get damaged. This can cause tremors, stiffness, and difficulty with coordination. Red Light Therapy uses gentle red and near-infrared light to support brain cell health, reduce inflammation, and improve energy—helping your body manage symptoms more effectively.

HOW IT WORKS

- Red light helps brain cells produce more energy, which can improve their function.
- It reduces inflammation and oxidative stress that damage brain cells.
- It may support nerve repair and protect healthy brain tissue.

BENEFITS YOU MAY NOTICE

- Improved muscle control and movement.
- Reduced stiffness and tremors.
- Better balance and coordination.
- Increased energy and mental clarity.

GOOD TO KNOW

Red Light Therapy is non-invasive, safe, and used alongside your regular Parkinson's treatments. It's a natural way to support your brain and improve quality of life.

SUPPORT YOUR BRAIN NATURALLY

Red Light Therapy can help calm inflammation and boost brain cell health, offering a gentle, supportive approach to living better with Parkinson's disease.