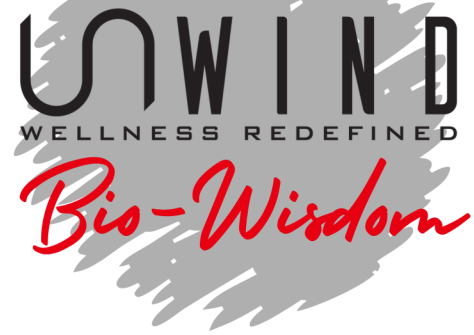


# Benefits of **PEMF** Therapy On Bone & Joint Health



## WHAT IS IT?

If you are dealing with joint pain, stiffness, or bone issues like osteoporosis or a slow-healing fracture, PEMF therapy (Pulsed Electromagnetic Field therapy) may help your body heal naturally — without medication or surgery.

## HOW IT WORKS

PEMF therapy uses gentle magnetic pulses to stimulate and balance your body's cells. These pulses help improve how your bone and joint health — without the use of medications or invasive treatments.

## HOW PEMF HELPS

- Speeds up bone healing after fractures or surgery.
- Supports stronger bones by helping your body build and maintain bone density.
- Reduces joint pain and stiffness from arthritis or injury.
- Calms inflammation, which can damage joints and slow healing.
- Improves circulation, bringing more nutrients to bones and joints.

PEMF is gentle, non-invasive, and often used as part of a treatment plan for people with joint pain, arthritis, osteoporosis, or post-surgery recovery. Most people feel relaxed during treatment, and it's safe for regular use under guidance.

