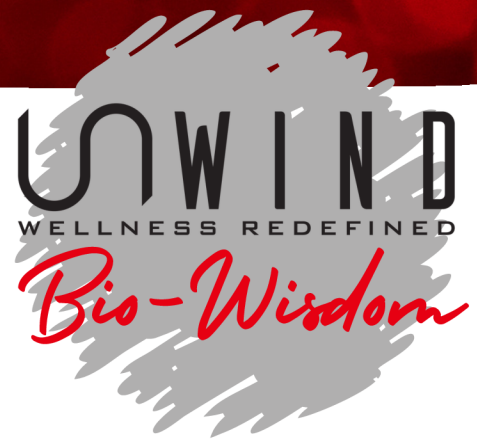


Red Light Therapy & Oral Health



Red light therapy (**RLT**), also known as low-level laser therapy (LLLT), is a promising treatment in dentistry due to its bactericidal and bio-stimulative effects.

RLT has been shown to:

- **Kill bacteria:** Effective against various bacteria in the mouth, aiding in the treatment of gum diseases and root canal infections.
- **Accelerate tooth movement:** Shortens orthodontic treatment time by increasing the rate of tooth movement.
- **Reduce pain and inflammation:** Promotes healing and reduces discomfort after procedures.
- **Increase bone remodeling:** Aids in the regeneration of bone tissue.

RLT offers several advantages:

- **Non-invasive:** Minimal damage to healthy tissues.
- **Versatile:** Can be used to treat a variety of dental issues.
- **Accessible:** Reaches complex areas in the mouth.
- **Cost-effective:** Often less expensive than traditional treatments.

