



# Benefits of **PEMF** Therapy On Immune System

Your immune system protects you from illness, inflammation, and stress. PEMF therapy (Pulsed Electromagnetic Field therapy) uses gentle, low-frequency magnetic pulses to support your body at the cellular level—helping your immune system stay strong and balanced.

## HOW PEMF HELPS YOUR IMMUNE SYSTEM:

- **Energizes immune cells** by boosting ATP (cellular energy).
- **Improves circulation**, delivering oxygen and nutrients more efficiently.
- **Reduces inflammation**, helping your body recover faster.
- **Supports detox** and repair of damaged tissues.
- **Calms stress**, which can otherwise weaken immunity.

## WHO BENEFITS FROM PEMF THERAPY?

PEMF may help if you:

- Get sick often or take long to recover.
- Have chronic inflammation or autoimmune issues.
- Are dealing with stress, fatigue, or burnout

## **SAFE. NON-INVASIVE. DRUG-FREE.**

PEMF sessions are relaxing, painless, and take just 15–30 minutes. Many people report more energy, better sleep, and fewer illnesses with regular sessions.



**HYPE FADES, SCIENCE STAYS**